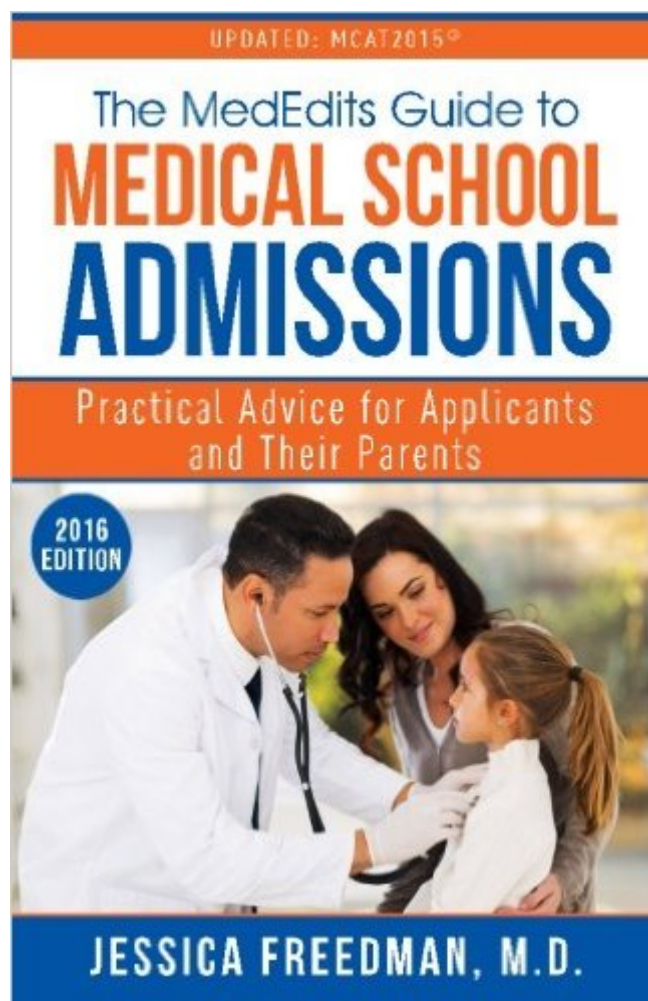


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# The MedEdits Guide To Medical School Admissions: Practical Advice For Applicants And Their Parents



## Synopsis

New & Updated 2016 Edition The competition to get in to medical school is fierce. Stand out from the crowd by following the tips and guidance in this book. Dr. Jessica Freedman, formerly on faculty at the Mount Sinai School of Medicine where she served on medical school and residency admissions committees, will guide you step by step to improve your chances of admission to medical school. Updated for the 2016 medical school application cycle, *The MedEdits Guide to Medical School Admissions* addresses many topics including: Where to go to college if you are premed When to take/retake the MCAT MCAT2015 Whom to ask for letters of reference and how How to improve your candidacy What medical schools look for in applicants What applicants can do to market themselves most effectively How to decide what topics should be included in the application written material, including experience entries and the personal statement How to approach the personal statement and application entries How to write the "most meaningful" application entries How medical school admissions committees decide whom to interview What to do if you are waitlisted Deciding where to apply and attend The book includes multiple full length examples of: Personal statements Application entries (both experience entries and new "most meaningful" descriptions) Secondary essays Letters of intent Whether you are an outstanding candidate hoping to attend a top-notch medical school or a borderline applicant just hoping to get in somewhere, the no-nonsense advice offered in this comprehensive guide will greatly improve your chances of achieving your goals. *The MedEdits Guide to Medical School Admissions* is sure to become the go-to book for all aspiring doctors.

## Book Information

Paperback: 318 pages

Publisher: MedEdits Publishing; Second Edition edition (May 27, 2015)

Language: English

ISBN-10: 0983129150

ISBN-13: 978-0983129158

Product Dimensions: 5.5 x 0.7 x 8.5 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (33 customer reviews)

Best Sellers Rank: #431,279 in Books (See Top 100 in Books) #16 in [Books > Education & Teaching > Higher & Continuing Education > Medical School Guides](#) #74 in [Books > Education & Teaching > Higher & Continuing Education > Test Preparation > Graduate School > MCAT](#) #180

## Customer Reviews

I've read so many medschool application advice books, they are all the same. They are usually filled with obvious advice and then with example personal statements that make you feel like crap for not saving half the population of Africa by your 11th birthday. If you have done that, then you don't need a book, period. However, if you're like me and value good, sound advice, this is the book for you. The examples are great, they are realistic, and they all apply to a certain type of applicant. For example, if you are a non-traditional applicant, she wrote examples from people like you...if you are an athlete, she wrote examples from people like you; you get the idea. Dr. Freedman, the author of the book, served on medical school admissions committees--her book gives a true insider view to the process that I am currently finding very helpful. She does a great, straight forward job of leading one through the medical school application step by step, from filling in your personal info to writing your personal statement. Finally, an application book worth reading.

For the value of this book, it does give pretty comprehensive information, and the best thing about it is how it collects the answers to the common questions we have about medical school application in one relatively small text. However, the answers are not novel, and for the most part don't offer any solutions that I haven't heard from a pre-med adviser before. The book is written by one of the foremost experts in the field of pre-med advising however, so you do have confidence that the info is accurate, but it seems like it is meant more as a supplement to the services of the "MedEdits" company than as a guide to be used on its own. Overall though, for the price it is a helpful guide to have if you need something to refer to every now and then for a definitive answer to general inquiries about the medical school admissions process.

I would highly suggest buying this book! About 3 years ago, I worked with Dr. Freedman because I was having trouble getting into medical school. I had applied twice before (5 interviews the first time and 2 the second time) and was either rejected or wait listed at each school. With her help, I applied to about 25 schools, received 11 interviews, was accepted to multiple schools and was into medical school by October. I was also accepted to my top choice! Unlike most books, Dr. Freedman gives you a prospective as to what medical admissions committees are looking for. Her book will help you find your weaknesses and help maximize your opportunity to get accepted. In addition, one of the essays in this book is the one Dr. Freedman helped me put together for my application. I received a

lot of positive feedback about the essay on my interviews. I am certain that following her advice on the essay will help you to get your application looked at more seriously for an interview! As a current student interviewer for my school, I feel that the advice in this book is essential for succeeding during the interview process and setting yourself apart from other qualified applicants. You would be surprised how often students are wait listed or rejected because they did not prepare well enough for the interview or express their thoughts clearly. This book will provide the best advice on how to prepare for these questions and make a solid impression on interview day.

I am a health communication professor and I work closely with the university's premed program. I sometimes do trainings prepping the students for their med school interviews and many of my students have been successfully admitted to med school. Over the years I have gathered dozens of books in this topic. This book is in my top 10 favorites. This is a great book and I think that anyone preparing for an interview will find it to be incredibly useful. When my students ask for resources, this is in the list of book titles I give them. I would also like to point out that, in my opinion, the two best books to help you prep are *The Medical School Interview: Winning Strategies from Admissions Faculty* and *Multiple Mini Interview (MMI): Winning Strategies from Admissions Faculty*. Start with the general one, and spend some serious time on it. Don't skip the 'why do you want to be a doctor' and 'what is professionalism' sections, they are gold! Then if you are informed that you will have an MMI, go ahead and read the other one. If you won't have an MMI, I would still consider browsing through it because it gives you interesting ethical questions to think on, which should get your medical communication juices flowing and ready for an interview! As someone who helps train prospective med school students, I want to emphasize that whatever book you buy, you need to practice. Practice out loud and hopefully to another person who is listening to you and providing feedback.

This Book has a lot to say, but is really just about the Medical School Cookie Cutter Candidate. I am a non-traditional student and I found the book pushed me towards trying to excuse myself for being non-traditional instead of embracing my strengths and accomplishments. This book has good information best read way in advance. Don't expect any major revelations if you are already applying or are re-applying.

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